

# Get School Done Tomorrow

Melanie Wilson, Ph.D.  
Psychowith6.com

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# The Problem



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# Overwhelm

- Too many subjects
- Too much required per subject
- Too many outside commitments



Juvenison © CC

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## Inefficiency

- Not teaching subjects together
- Not enabling independent work
- No routines



Lachlan Hardy @ CC

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## Distractions

- Permitting outside distractions
- Attending to children
- Pursuing interests



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## What Doesn't Work

- Rigid Schedule
- Prioritizing by Importance
- Doing it Now



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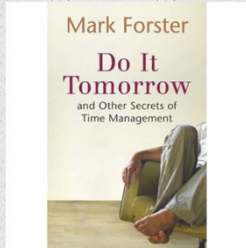
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## Get School Done by Doing it Tomorrow



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## Do Today's Tasks Tomorrow

- Email, mail, requests
- Note if same-day urgent
- All tasks to be completed
- Allows grouping for efficiency



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## Create Routines to Manage School & Housework

- Create for school, time of day, week
- Doing anything counts
- Give kids routines (get template on Psychwith6)
- Work to increase efficiency & independence



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## Evaluate After 3 Days Undone

- OK to schedule tasks
- Too many commitments?
- Inefficiency?
- Distractions?



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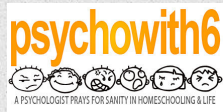
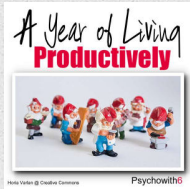
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## Visit Psychowith6.com & Get School Done Tomorrow



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