



Disciplining Between the Extremes

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Photo Sam Beddoes@CC

Rigid Discipline

Rigid Discipline Characteristics

- Parent is the only disciplinarian
 - About the parent
 - Legalistic & punitive
-

Rigid Discipline Examples

- First time obedience
- Spanking required
- Shaming

Rigid Discipline Results

- I am how I act
- Rebellion
- Depression



Photo Mike Baird@CC

Rebellious Discipline

Rebellious Discipline Characteristics

- Child is the only disciplinarian
- Also about the parent
- Rejects rules and punishment

Rebellious Discipline Examples

- No limits
- Tolerance
- Rejects others' discipline

Rebellious Discipline Results

- I don't matter
- Acting out
- No self-control



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Relational Discipline

Relational Discipline Characteristics

- God is ultimate disciplinarian
- About God's plans for child
- Flexible discipline

Relational Discipline Examples

- Spanking permitted
- Discipline as teaching
- Prayer dependent

Relational Discipline Results

- I matter apart from what I do
- Good behavior motivated by love
- Child has true view of God

Relational Discipline 1st Steps

- Acknowledge extremes
- Admit you need God's help
- Stop worrying

Relational Discipline is Biblical

- Doesn't use 1st time obedience
- Isn't ashamed of us
- Uses consequences

Practical Applications

- Commit time & energy
- Tailor to the child
- Discipline like you teach

Options for Correction

- Natural Consequences
- Planned or Promised
- Rewards



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